

**CBSE Question Paper 2018**  
**Class 12 Home Science**  
**(Theory) (Reconducted)**

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**Time allowed : 3 hours**

**Maximum Marks : 70**

**General Instructions:**

- i. All questions are compulsory.
  - ii. There are total 25 questions.
  - iii. Questions no. 1 – 6 are for 1 mark, to be answered in one or two lines.
  - iv. Questions no. 7 – 13 are of 2 marks, to be answered in 10 – 20 words.
  - v. Questions no. 14 – 15 are of 3 marks, to be answered in 20 – 30 words.
  - vi. Questions no. 16 – 21 are of 4 marks, to be answered in 40 words.
  - vii. Questions no. 22 – 25 are of 5 marks, to be answered in 50 – 60 words.
  - viii. Support your answers with suitable examples wherever required
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1. Why should we limit the intake of excess saturated fat and excess of sugar in the diet of a school going child?
2. Give any two possible reasons for extreme depression in your classmate.
3. Mention any two benefits of savings to your younger sister.
4. What two points will you follow while using food groups in planning meals for a family?
5. Write two ways by which you can supplement your family income.
6. Enumerate any two advantages of using reverse osmosis system to make water safe.
7. List four ways in which a family can help in shaping the personality of an adolescent
8. “Development is multidirectional.” Explain this statement with two examples.
9. How will you remove the stain by using dipping method and sponging method?
10. Name any two nutrients which are required to be increased in fever and explain why
11. List any four activities which have been taken up under DWCRA programme.
12. What four skills are required by a student of Home Science to run his/her own bakery from home?
13. Recommend any four precautions to your mother which she should take while storing



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her blazer.

14. Give any two modifications in the menu given for your mother who is suffering from constipation. Give reasons for the same.
- Kadhi pakoda
  - Jeera rice
  - Dry pea potato vegetable

What two dietary recommendations will you follow while planning meals for her?

15. Explain the procedure of filing a complaint in Consumer Protection Forum to your father who was recently cheated by a grocery shopkeeper.
16. List any four factors on which environment of the kitchen depends. What four precautions must your mother take to keep pests away from the kitchen?
17. Aggression is very common in today's adult. Write any four possible reasons for it and also explain four ways of controlling anger
18. Describe any six benefits and two drawbacks of investing money in any insurance scheme.
19. You have to buy a party dress to be worn in winter. What kind of fabric will you prefer and why? What six other points will you check while purchasing your dress?
20. You have to design a kurti for your sister who is tall and thin. Keeping all the elements of design in mind, mention four points you will consider and four you will avoid.
21. What are standardization marks and why are they important? Draw a logo of an eco-friendly mark and name any two products on which you find this mark.
22. Explain with example any five factors influencing the selection of fabric.
23. List any four problems faced by the consumer in the market today. Suggest any six solutions to consumer problems.
24. Describe three cognitive changes you observe in adolescents. Analyse the impact of these changes on the identity of adolescents.
25. You have bought black pepper and coriander powder from the local vendor. Name one adulterant which may be present in each. How will you detect the presence of these adulterants? What four precautions should you take while buying spices and herbs?

